

35th Annual International Conference On Family Medicine



LARGEST MEDICAL CONFERENCE OF FAMILY PHYSICIANS

FAMILYCON 2025

Family Physicians-Key to Solution of National Health

13,14,15,16 November 25

Pearl Continental Hotel, Lahore



DR. TARIQ MAHMOOD MIAN
Chairman Organizing Committee
0300-8419663



DR. SAEED AHMED
Chief Organizer
0321-9462870



DR. MUHAMMAD TAHIR CH.
Secretary Organizing Committee
0300-9446863



DR. SAJJAD AHMED MALIK
Chairman Registrations
0300-4517342



DR. NAHEED NADEEM
Chairperson Ladies Wing
0302-4745106



DR. YAQOOB ANWAR
Conference Secretary
0333-4216614



DR. FAIRA TAHIR
Conference Secretary
0331-9400447



DR. ABDUR REHMAN
Chief Coordinator
0314-4106200



DR. MUHAMMAD ASIM SHAFIQ
Chairman Workshops
0333-4233947

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ

وَاللّٰهُمَّ اصْرِنِّنِي عَلَىٰ شَفَاعَتِكَ

اور جب میں بیمار ہوتا ہوں تو وہی (اللّٰہ) شفاذ تیا ہے۔

Messages



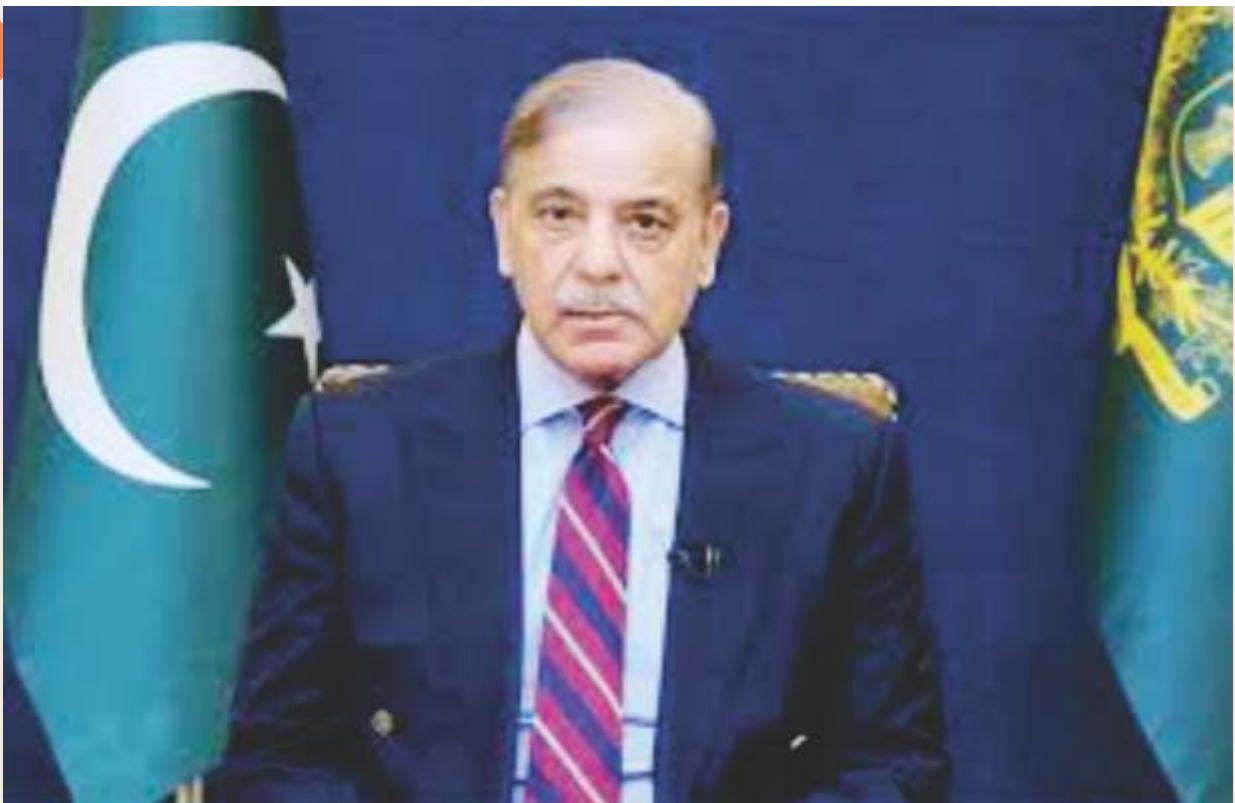
Message From
Mr. Asif Ali Zardari
President of Pakistan

It is heartening to know that Academy of Family Physician is organizing the 35th Annual International Conference on Family Medicine "FAMILYCON-2025" at Lahore from 13-16 November, 2025 at PC Hotel, Lahore in which a large number of renowned family physicians from all over Pakistan and abroad will participate to share their knowledge and experience.

Healthcare system has now assumed new dimensions in the modern era and "Family Medicine" is the specialty of the future. Family Physicians play a pivotal role in the health delivery system of a country as they have a much closer and direct access to the general public.

Academy of Family Physicians Pakistan is striving to raise the Standards of family physicians and being the largest organization of physicians must feel proud on organizing regular CME meetings for the last 35 years so that the family physicians can keep pace with the rapidly changing trends of patient care. Through this Conference, they will have a chance to share their experiences and exchange fresh ideas. I hope the deliberation of this Conference will result in better plans for development of the field of Family Medicine in Pakistan.

I congratulate Dr. Tariq Mahmood Mian, Chairman, Organizing Committee "FAMILYCON 2024" and his team for their efforts to collect the galaxy of doctors under their umbrella for academic and social activities and offer on behalf of Pakistan Government and myself best wishes for the overwhelming success of "FAMILYCON-2025".



Message From
Mr. Muhammad Shahbaz Sharif
Prime Minister of Pakistan

I am glad to learn that Academy of Family Physicians Pakistan is organizing FAMILYCON 2025, the 35th Annual International Conference on Family Medicine at PC Hotel, Lahore. It will certainly provide opportunities to the family physicians from Pakistan and abroad for sharing ideas and emerging trends in the field of health and medicine. As a primary healthcare, family medicine has a greater relevance with general public regardless of their age and gender. I am glad to know that Academy of Family Physicians Pakistan is endeavouring for the last 35 years for the progress of the professionals serving in the field. Undoubtedly, its organized events are of immense salience to keep their participants updated. I congratulate the team of Academy of Family Physicians Pakistan for their efforts and all academic and social activities. I assure my all cooperation to the Academy and wish them to continue their esteemed contribution for the better healthcare delivery for the people of Pakistan. .



Message From
Mr. Sardar Saleem Haider Khan
Governor of Punjab

It is heartening to know that Academy of Family Physician is organizing the 35th Annual International Conference on Family Medicine "FAMILYCON-2025" at Lahore from 13-16 November, 2025 at PC Hotel, Lahore in which a large number of renowned family physicians from all over Pakistan and abroad will participate to share their knowledge and experience. Healthcare system has now assumed new dimensions in the modern era and "Family Medicine" is the specialty of the future. Family Physicians play a pivotal role in the health delivery system of a country as they have a much closer and direct access to the general public..Academy of Family Physicians Pakistan is striving to raise the Standards of family physicians and being the largest organization of physicians must feel proud on organizing regular CME meetings for the last 34years so that the family physicians can keep pace with the rapidly changing trends of patient care. Through this Conference, they will have a chance to share their experiences and exchange fresh ideas. I hope the deliberation of this Conference will result in better plans for development f the field of Family Medicine in Pakistan. I congratulate Dr. Tariq Mahmood Mian, Chairman, Organizing Committee "FAMILYCON2025"and his team for their efforts to collect the galaxy of doctors under their umbrella for academic and social activities and offer on behalf of Pakistan Government and myself best wishes for the overwhelming success of "FAMILYCON-2025".



Message From
Maryam Nawaz Sharif
Chief Minister of Punjab

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Message from **Mr. Khawaja Salman Rafique**

Punjab Health Minister

Specialized Healthcare & Medical Education Department

It gives me immense pleasure in writing this message on occasion of 35th Annual International Medical Conference on Family Medicine, "FAMILYCON-2025", organized by Academy of Family Physicians, Pakistan. Academy of Family Physicians, Pakistan deserves appreciation and recognition for its efforts in promoting Family Medicine in the country through its high quality Continuing Professional Development activities. Family Medicine is the specialist of future and very important for improvement of health care delivery in developing countries like Pakistan. It offers comprehensive, holistic, first contact, cost effective care to communities and Academy of Family Physicians, Pakistan is helping improve quality of health care across the country.

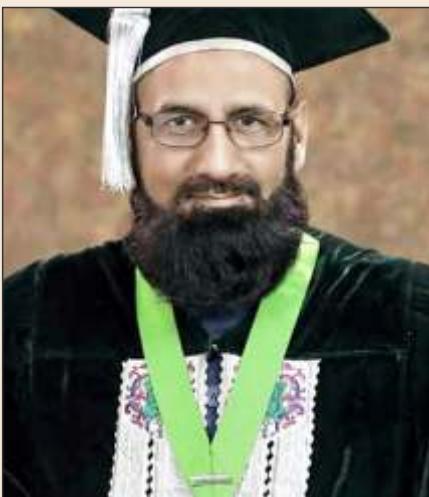


Message from **Mr. Khawaja Imran Nazir**

Punjab Health Minister

Primary and Secondary Healthcare

It gives me immense pleasure to write few lines for members of Academy of Family Physicians Pakistan. Family Physicians are back bone of medical profession. Their services of hard work is commendable. I being the President Society of Internal Medicine assure full co-operation of assistance to your association for improvement of public health & medical education in this country. I pray success for FAMILYCON 2025. I congratulate Dr. Tariq Mahmood Mian, Chairman Organizing Committee FAMILYCON 2025 and his team for their efforts to gather the galaxy of doctors under their umbrella for academic and social activities and offer on behalf of Punjab Government, and myself, our best wishes for the overwhelming success of FAMILYCON 2025.



Message from

Prof. Dr. Khalid Masood Gondal

(Tamgha-e-Imtiaz & Presidential Pride of Performance)

Vice Chancellor, Fatima Jinnah Medical University, Lahore

It is heartening to know that Academy of Family Physician is organizing the 35th Annual International Conference on Family Medicine "FAMILYCON-2025" at Lahore from 13-16 November, 2025 at PC Hotel, Lahore in which a large number of renowned family physicians from all over Pakistan and abroad will participate to share their knowledge and experience. Healthcare system has now assumed new dimensions in the modern era and "Family Medicine" is the specialty of the future. Family Physicians play a pivotal role in the health delivery system of a country as they have a much closer and direct access to the general public.. Academy of Family Physicians Pakistan is striving to raise the Standards of family physicians and being the largest organization of physicians must feel proud on organizing regular CME meetings for the last 34years so that the family physicians can keep pace with the rapidly changing trends of patient care. Through this Conference, they will have a chance to share their experiences and exchange fresh ideas. I hope the deliberation of this Conference will result in better plans for development of the field of Family Medicine in Pakistan. I congratulate Dr. Tariq Mahmood Mian, Chairman, Organizing Committee "FAMILYCON2025" and his team for their efforts to collect the galaxy of doctors under their umbrella for academic and social activities and offer on behalf of Pakistan Government and myself best wishes for the overwhelming success of "FAMILYCON-2025".



Message from

Prof. Dr. Mahmood Ayaz

Vice Chancellor,

King Edward Medical University, Lahore

It gives me immense pleasure to write few lines for members of Academy of Family Physicians Pakistan. Family Physicians are back bone of medical profession. Their services of hard work is commendable. I being the President Society of Internal Medicine assure full co-operation of assistance to your association for improvement of public health & medical education in this country. I pray success for FAMILYCON 2025. I congratulate Dr. Tariq Mahmood Mian, Chairman Organizing Committee FAMILYCON 2025 and his team for their efforts to gather the galaxy of doctors under their umbrella for academic and social activities and offer on behalf of KEMU, and myself, our best wishes for the overwhelming success of FAMILYCON 2025.



Message From
DR. TARIQ MAHMOOD MIAN
Chairman Organizing Committee

The Golden script of Dreamy, Mystic, Academic masterpiece the Annual Academic Congress of Family Physicians is in Final phase. Get ready to enter a four days of Magical Majestic trance of Family Medicine. Worthy Colleagues, you are invited to enjoy the Master strokes of Top notch Faculty from across the globe. Featuring every aspect of Family Medicine from A-Z. i.e.

Diabetes Mellitus, CVS, CNS, Endocrinology, Psychiatry, Ultrasound, Gyn & Obs, Nephrology, Peads, Cardiology, Dermatology, Orthopedics, Rheumatology,

Research Papers, Hands on Training International Speakers from UK, & across the country. A selection of 125 top brass Faculty will be showing their mastery, skill & art of teaching. A life time opportunity under one roof for learning. Delightful Mega Pharmaceutical & Allied Exhibition, latest developments in pharma will be at display.



Message From
DR. SAEED AHMED
Chief Organizer

Worthy Colleagues,

.By the grace of ALMIGHTY ALLAH the academy is holding 35th Annual International Medical conference FAMILYCON-2025 at the historic city of Lahore, Which provides a perfect backdrop for such an august event. FAMILYCON also provides healthy atmosphere to the pharmaceutical & non-pharmaceutical companies for the promotion of their products to thousands of doctors under one roof and also to the busy practitioners to take time off and to come together to share ideas and experiences. I hope Pharma industry & family Physicians from every corner of Pakistan grace the occasion by their presence. Our slogan is ethical promotion of drugs for patients whose efficacy, economy and availability is ensured.



Message From
DR. MUHAMMAD TAHIR CH.
Secretary Organizing Committee

Respectable Family Physicians!

It is my utmost honour and privilege to welcome all of you in Familycon 2025. While you are reading this publication in a comfortable environment of your home or clinic, many of the organizers are busy in the final arrangements of this mega event of the year. All of these dedicated and selfless volunteers are not only very busy practitioners but also devoted family men and women. They are rendering their free services only for;

“The uplift of family physicians and family medicine in Pakistan”. I hope that all of you have received the complete program of scientific sessions and the workshops. You are very kindly requested to decorate this esteem conference of the year by your presence.



Message From
DR. SAJJAD AHMAD MALIK
Chairman Registrations

- It gives me great pleasure to invite you to FAMILYCON-2025 the 35th Annual International Conference on Family Medicine & Exhibition.
- The FAMILYCON is established to create a convenient forum for family physicians and other health care professionals from different sectors of the health care industry. It is a meeting point for knowledge transfer and networking among family physicians, scientist, researchers, paramedical, other professionals, product specialist, decisions makers, trade visitors and academia. Health Screenings, Early detection Programs, Vaccinations and overall maintenance of a healthy lifestyle have become imperative needs and events such as FAMILYCON bring to light the various evolving concepts of medicine, ethics and healthcare standards.
- On behalf of the entire team of FAMILYCON; I take this opportunity of inviting all healthcare and paramedical professionals to join this four day event and make it successful with your contributions.
- FAMILYCON facilitates knowledge transfer and networking and brings about a civic health consciousness, thereby reducing emergencies and encouraging preventive care.
- Enjoy your stay in Lahore and have a memorable participation in FAMILYCON.



Message From
DR NAHEED NADEEM
Chairperson Ladies Wing

- Respected colleagues, as a Chairperson Ladies Wing & USG Workshop it is my proud privilege to welcome you all in the 35th Annual conference of Academy of Family Physicians Pakistan. No doubt, it is a well-awaited auspicious occasion for us all and we shall celebrate it in a befitting manner.
- The basic aim of Academy of Family Physicians Pakistan is not only to carry on with the rhythm of continued medical education but also to accelerate its momentum to the optimum for the benefit of general masses. In addition to that, various objectives of our organization encompass solving of doctor's problems, health care bill, looking after IDP's and alleviating the miseries of flood and earth quake stricken people pertaining to medical aspects on self-help basis. In this conference the new thing is pre-conference workshops which will precede the main conference. The program will comprise of very well organized 3 workshops and 10 scientific sessions.
- My best wishes and good luck for the organizing committee.



Message From
DR ABDUL REHMAN
Admin/Finance Secretary

- From the core of my heart and extended arms, i welcome you all to the biggest event Family Physicians in Pakistan. We have arranged workshops, scientific programs and dozens of lectures covering most of the latest's knowledge concerning different medical specializations. I hope when you return home, you would have collected a treasure full of knowledge to further enhance the horizon of your practice. Accommodation of delegates from different cities and printing of all materials from leaflets to souvenirs is a gruesome and hectic job. I would like to take a moment here to thank entire Team of PAFP. whose hard work.



Message From
DR. YAQOOB ANWAR CH
Conference Secretary

Respectable Family Physicians!

It is my utmost honour and privilege to welcome all of you in Familycon 2025. While you are reading this publication in a comfortable environment of your home or clinic, many of the organizers are busy in the final arrangements of this mega event of the year. All of these dedicated and selfless volunteers are not only very busy practitioners but also devoted family men and women. They are rendering their free services only for;

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Message From
DR. FAIRA TAHIR
Conference Secretary

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- Enjoy your stay in Lahore and have a memorable participation in FAMILYCON.



Message From
DR. MUHAMMAD ASIM SHAFIQ
CHAIRMAN WORKSHOPS

it is my great pleasure to welcome you all on 35th Annual International Medical Conference of Pakistan on Family Medicine “FAMILYCON-2025”, being held at Pearl Continental Hotel Lahore. Like always, this conference is a great venue to bring together, eminent physicians, Clinical researchers and various other healthcare professionals. This conference will underpin collaboration of leaders of Medicine to share, update and disseminate knowledge and skills among health professionals. This will also highlight the need for co-operation among Physicians to know current health problems and discuss the strategies of solving these problems. FAMILYCON has always created goodwill and understanding between Family Physicians and healthcare professionals across the country.

We are eager to empower you with latest information and updates of medicine.

Scientific Program

You are requested to Sponsor the Major Events

Registration Desk

Rs.50,00000/-

Includes Complimentary
Hospitality Suit

Hospitality Suit

Rs.30,00000/-

Deluxe Stall

Rs.25,00000/-

Standard Stall

Rs.12,00000/-

Audiovisual

Rs.12,00000/-

Inauguration Tea

(As per decided rate with PC)

Sponsoring a Lecture / Workshop (Negotiable)

Advertisement in the Souvenir

(Only for those companies who have already booked their stall)

Full Page 4 Color Rs. 100000/-
Inside Back Title Rs. 150000/-

We Seek on Opportunity to meet your authorized representative to -
discuss and explore opportunities of mutual benefit

Registration Fee For Delegates

Ultrasound Session

Rs.7000/-

Metabolic Session

Rs.5000/-

Gynae/Obs Session

Rs.5000/-

Full Registration

Rs.15000/-

Registration for International Delegates

\$200/-

Registration for Students (Medical & Allied)

Rs.5000/-

Please Write the Cheque in
Favor of Association of
Family Physicians Pakistan

NTN

3685015-2

Account No.

0010000291230018

ABL

Stamp

Please Write the Cheque in
Favor of Academy of
Family Physicians Pakistan

NTN

4370588-2

Account No. 0411-

220861979

UBL

**Neuro Psychiatry
Session**

Nephrology Session

**Surgery & Allied
Session**

Dermatology Session

Dentistry Session

**Gastroenterology
Session**

Inaugural Session

Poster Exhibition

Achievement Awards

**Internal Medicine
Session**

**Family Medicine
Session**

Peds Session

**3 days BLS Training
Session**

Program (InshaALLAH)

**Chapter President
and General Secretary**

Other Cities

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Dr. Shamsul Haq

Moh.0321-6952638

General Secretary

Dr. Shahid Akram Qureshi

Mob:0300-6952620

Dera Ghazi Khan Chapter

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Dr. S. A. Ashraf

Mob:0321-6801003

President Chapter

President

Dr. Salim Javed Rasheed

Moh.0300-5974515

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Dr. S. Lughman Shah

Mob:0300-9340030

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Moh.0321-6952306

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Rahim Yar Khan Chapter

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Dr. Niaz Ahmad Siddiqi

Mob:0321-7312123

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Dr. Muhammad Akram Ch.

Moh.0300-7824565

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Dr. Muhammad Rafiq Sheikh

Tel:0423-5238151,522361

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Mob:0300-6248600

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Mob:0300-9405498

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General Secretary

Dr. Ijaz Amin

Mob:0300-6120520

General Chapter

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Dr. Khalid Jawad Warisach

Mob:0333-2323076

General Chapter

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Dr. J. Aslam

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General Chapter

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Dr. Iman Mustafa

Mob:0333-8907111

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Dr. Muhammad Farooq Javed

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Dr. Nasim Ahmed Azad

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Mirpur Chapter

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Dr. Riazat Ali Ch.

Mob:0333-6882550

General Secretary

Dr. Ghulam Mustafa

Mob:0300-619176

Mandi Bahauddin Chapter

President

Dr. Tariq Siddique Ahi

Mob:

Mirpur Khas South Chapter

President

Dr. Bahadur Ali Khoosar

Mob:0301-3850369

General Secretary

Dr. Muhammad Zafar Shahid

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Wazirabad Hassan Abdur Chapter

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Dr. Syed Asad Ali

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General Secretary

Dr. Malik Elhan Balkhi Awan

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Dr. Pervaiz Akhtar Awan

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General Secretary

Dr. Naeem ul Rehman Sheikh

Mob:0300-9562892

Jehlum Chapter

President

Dr. Abdul Majed Ch.

Mob:0333-5719826

General Secretary

Dr. Abdul Ghafur Malik

Mob:0300-9525440

Sohawa Chapter

President

Dr. Haji Shoukat Mehmo

Mob:0333-5563555

General Secretary

Dr. Ijaz Ahmed Butt

Mob:0333-5275275

**Chapter President
and General Secretary**

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Dr. Cap. Muhammad Arshad

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General Secretary

Dr. Muhammad Yasin Anjum

Mob:

Pind Dadan Khan Chapter

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Dr. Zubair

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General Secretary

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South Punjab Chapter

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Dr. Michael Iqbal Nisar

Mob:0309-6903717

General Secretary

Dr. Rehan Sarfraz

Mob:0309-692766

Khanpur Chapter

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Dr. Mirza Mohammad Khalid Balq

Mob:0309-6973360

General Secretary

Dr. Ghulam Qadir Rajput

Mob:033-1021551

General Secretary

Dr. Moin ud Din

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Sargodha Chapter

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Dr. Faryal Mashar

Mob:0302-6742709

General Secretary

Dr. Humaera Athar

Mob:0300-9603022

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Dr. Lala Jaffar Khan

Mob:0303-5377397

General Secretary

Dr. Shahid Qureshi

Mob:033-5724606

General Secretary

Dr. Tariq Masood

Mob:033-5860243

Islamabad Chapter

President

Dr. Faheem Anwar

Mob:0333-545

FAMILYCON 2025

ULTRASOUND / RADIOLOGY SESSION

(Thursday 13th Nov. 2025)

Venue : Pearl Continental, Lahore

Day 1



Dr. Naheed Nadeem

Chairperson Ladies Wing /
Ultrasound Workshop

Co-Chairpersons: Dr. Farhat Nauman Dr. Nighat Tariq,

Dr. Amjad Iqbal Khan

Course Director
Ultrasound Workshop

Moderators:

Dr. Naheed Nadeem, Dr. Sarah Arshad Dr. Seemi Shahid,

Breakfast : 07.30 to 08:00 am

Recitation of Holy Quran 08.00am to 8.15am

Opening Remarks : 08.15 to 08:30 am

Session 1

Co-Chairs: Dr. Tariq Mahmood Mian, Dr. Farzana Saleem, Dr. Sarah Arshad, Dr. Sajjad Malik, Dr. Arshad Shohood, Dr. Faiza Sajid, Dr. Zarina Mufti, Dr. Zunaira Faiz

Start	End	Topics	Speaker
08:30am	8:50am	Detecting common pathologies on X-ray made easy for family physician	Prof. Dr. Iqbal Dogar
09.00am	09.20am	Helping family physician to decide which patient to be referred for a CT or MRI	Prof. Dr. Saulat Sarfraz
9:30am	09:50am	Sonographic evaluation of right Hypochondrial Pain	Dr. Aamir Khan
10:00am	10:20am	Role of USG in Male & Female Infertility	Dr. Manzoor Ahmad
10.30am	10.50am	Sonographic evaluation for uterine pain & bleeding with special reference to Endometriosis & Adenomyosis via USG	Asst. Prof. Tauseef Qamar

Session 2

Co-Chairs: Dr. Saeed Ahmed, Dr. Aamer Mufti, Dr. Faira Tahir, Dr. Samiya Omar
Dr. Omar Rashid, Dr. Zakia Iqbal, Dr. M. Asim Shafiq, Dr. Capt. Ashfaq Qureshi, Dr. Amir Shafiq

Start	End	Topics	Speaker
11.00am	11.20am	“Obstetric Doppler - when and why”	Assoc. Prof. Dr. Amjad Iqbal Khan
11.30am	11.50am	1st & 2nd Trimester Foetal Anomalies detection Via USG	Dr. Saulat Nawaz
12.00pm	12.20pm	Antenatal diagnosis & Management of IUGR	Prof. Safdar Ali Malik

Session 3

Co-Chairs: Dr. M. Tahir Ch., Dr. Abdul Hafeez (Mul) , Dr. Sonia Bakhtiar (Ibd), Dr. S. Asad Ali, Dr. Abdul Sattar Ch., Dr. Sajid Qayyum, Dr. Kokab Shaheen, Dr. Ghulam Shabbir Malik

Start	End	Topics	Speaker
12.30pm	12.50pm	USG evaluation of Pain in right iliac fossa in male & Female Patients	Prof. Ghulam Rasool
01.00pm	01.20pm	Basics of Placenta & role of interventional radiology in Placenta & uterine abnormalities	Dr. Mohammad Fiaz
01.30pm	01.50pm	Ultrasound Evaluation of Uterine Scar Integrity in women with Previous C-Section & Scar Dehiscence	Dr. Shehzad Karim Bhatti
02.00pm	02.20pm	Sonographic evaluation of breast mass & BI-RADS	Dr. Aliya Muzaffar

02.30pm to 03.30pm Hands on Training

03.30pm 04.00pm Lunch

Organizing Committee

Prof. Nasreen Ehsan, Dr. Farzana Saleem, Dr. Tabassum Mahmood, Dr. Jamila Akhtar, Dr. Zunaira Faiz, Dr. Abdul Hafeez Khan (Multan), Dr. Amir Shafiq, Dr. Amer Saeed, Dr. Zarina Mufti, Dr. Nahda Ashraf, Dr. Khadija Ghumman, Dr. Zakia Iqbal, Dr. Kiran Javed, Dr. Mehwish Riaz, Dr. Fazal Mahmood Ch.

Registration

Rs.5000/-

Fee

Registration
Medical & Allied
Student Rs.2000/-

Conference Secretariate

196-Atta Turk Block New Garden Town, Lahore 54600, Pakistan

Email: familycon@hotmail.com, YouTube: PAFP familycon

Tel: 042-35952244, 35884455, 0321-5926660, 0321-7066716

Web: www.familycon.info

Day 2

International Diabetes Day

Date: 14th November 2025, Venue: PC Hotel Lahore

Full Day Cardiometabolic Workshop



World
DIABETES DAY
November 14



OBSTETRICS, GYNAECOLOGY SESSION

Date: 14th November 2025, Venue: PC Hotel Lahore

Prof. Al-Fareed Zafar
Chairman

Prof. Ayesha Malik
Chief Organizer



Prof. Zohra Khunum



Prof. Tayyaba Waseem



Prof. Uzma Hussain



Prof. Rubina Sohail



Dr. Samia Omar
Chairperson
Gynae Obs Workshop

Guest of Honors:

Dr. Naheed Nadeem
Chairperson Ladies Wing

Prof. Muhammad Tayyab,
Prof. Tabinda Rana,
Prof. M. Arshad Chohan
Prof. Saqib Siddique



Dr. Barjis Fatima
Course Director
Gynae Obs Workshop

Session 1		Topics
Start	End	Management of Oligohydro Amnios
08:30am	8:50am	
09.00am	09.20am	IUGR
9:30am	09:50am	Post Menopausal Problems
Session 2		Topics
Session 2		Topics
Start	End	Stress in Continence
10:00am	10:20am	
10.30am	10.50am	CA Cervics
11.00am	11.20am	Insulin Resistance and Polysystic Ovary
Session 3		Topics
Session 3		Topics
Start	End	Management of Infertility
11.30am	11.50am	
12.00pm	12.20pm	Management of Chronic UTI's
12.30pm	12.50pm	Assessment and Management of Fibroids

01.00pm to 02.00pm Lunch & Juma Prayer

Day 3



Saturday 15th November 8:30 am to 10:50 am

Venue : PC Hotel Lahore

Dr. Muhammad Asim Shafiq

Chairman Workshops:

Breakfast 7.00 -8.00AM

Dr. Bashir A. Malik, Prof. Riaz Qureshi, Dr. Muhammad Azam Khan, Dr. Nadeem A. Qureshi, Dr. Atta Ur Rehman Butt
 Dr. Nauman Bashir Kurd, Dr. Gulzar H. Qasim, Dr. Amber Qureshi, Dr. Humayun Rasheed, Dr. Mahmood ul Hassan,
 Dr. Zulfiqar Ahmad, Dr. Asif Mughal, Dr. Iftikhar Qureshi, Dr. Yousaf Sheikh, Dr. Moin, Dr. Shaukat Nayani, Dr. Sajjad Rana,
 Dr. Col. Manzoor Hussain, Dr. Aslam Hameed, Dr. Amin Janjua

PEDIATRIC INFECTIONS & PUBLIC HEALTH FOCUS

Start	End	Topics
09:00am	09:30am	Respiratory Tract Infections in Children: Diagnosis & Treatment
09:30am	10:00am	Management of Gastroenteritis & Diarrhea in Pakistan
10:00am	10:30am	Update on Childhood Infections & Vaccination Gaps

10.30am 11.00am

Coffee Breaks

DERMATOLOGICAL CHALLENGES IN PRIMARY CARE

11:00am	11:30am	Common Skin Diseases Encountered in Family Practice
11:30am	12:00pm	Updated Guidelines for Dermatological Management
METABOLIC SYNDROME & DIABETES		
12:00pm	12:30pm	Insulin Resistance: Causes, Diagnosis, and Management
12:30pm	01:00pm	Non-Pharmacological Approaches in Diabetes Care
01.30pm	02.00pm	Use of Insulin: Latest Guidelines & Practical Application

02.00pm to 03.00pm Lunch

The Organizing Committee Of FAMILYCON Cordially Invites You At Inaugural Ceremony

on Saturday 15th November at 3:00pm, PC Hotel, Lahore

Programme In Shaa ALLAH

Guest to be Seated

Tilawat Quran e Pak

National Anthem

Welcome Address by Dr. Tariq Mahmood Mian

Chairman Organizing Committee / President PAFP (Regd)

Secretary Report by Dr. Muhammad Tahir Ch.

Secretary Organizing Committee / General Secretary PAFP (regd)

Aims and Objectives of PAFP by Dr. Saeed Ahmed

Chief Organizer, / Senior Vice President PAFP (Regd)

Speech by Guest of Honor

Speech by Chief Guest

Convocation, Shield, Medal Distribution & Life Time Achievement Awards

by Dr. Abdul Sattar Ch. Chairman Awards Committee

Vote of Thanks by Dr. Yaqoob Anwar Ch. & Dr. Faira Tahir

Conference Secretaries

Request for the Inauguration of Pharmaceutical Exhibition 2025 by

Dr. Fazal Mahmood Ch. Chairman Exhibition

4:30 pm Hi-Tea

POSTER EXHIBITION



Dr. Samreen Riaz

0300-4351979

Co-Chairperson
Poster Exhibition

Dr. Ahmed Naveed Bhatti

0321-5926660

Vice Chairman Organizing Committee /
Chairman Poster Exhibition



Details are,

LIFE TIME ACHIEVEMENT AWARD

1. Members who have completed 25 years of Practice.
2. Spouse or Children of Members who have brilliant performance in Academics / other fields in 2024-25
3. Members who have done Post Graduation in 2024-25
4. Members with maximum attendance and good performance in CMEs in 2024-25
5. Members who have participated in Disaster Management under PAFP (Regd).

HOTEL ACCOMODATION

For Conference Registration & Hotel Accommodation Kindly Send D/D in favor of
Academy of Family Physicians Pakistan

Standard Hotel, Room Rates (Expected per Night) PC Hotel Lahore, Room Rates (Expected per Night)

Room Type	Rate	Room Type	Rate
Single Standard Room	Rs. 7,000/-Tax	Single Standard Room	Rs. 30,000/-Tax
Double Standard Room	Rs. 9,000/-Tax	Double Standard Room	Rs. 35,000/-Tax



Dr. Abdul Sattar Ch.

0321-8851940

Chairman Life Time Achievement
Award Committee



Dr. Ghulam Ovais Qarni

0333-4243375

Chairman Accommodation

FAMILYCON 2025

Day 3

Saturday 15th November Venue : PC Hotel Lahore

2 Days BLS Training Program 15-16 November 2025

2-Day BLS (Basic Life Support) Training Training Objectives

Day 1 – Basic Principles & Pediatric BLS

Understand the importance of early CPR and the Chain of Survival.

Review the basic anatomy and physiology of the heart and lungs.

Learn and perform CPR for infants and children (1-rescuer & 2-rescuer techniques).

Manage airway obstruction (choking) in infants and children.

Demonstrate the use of AED in pediatric emergencies.---

Registration
Rs.2000/-
Fee

Day 2 – Adult & Elderly BLS + Scenario Practice Perform CPR for adults and elderly patients (1-rescuer & 2-rescuer methods).

Manage airway obstruction in adults and older adults.

Demonstrate correct AED application in adult cardiac arrest.

Participate in team-based resuscitation simulations.

Reinforce BLS skills through hands-on practice and performance assessment.--

Target Audience Doctors, Nurses, Paramedics, and Healthcare Students interested in enhancing lifesaving skills for all age groups – children, young adults, and the elderly.

Trainers BLS Certified American Heart Association



Dr. Tariq Mahmood Mian



Dr. Saeed Ahmed



Dr. Muhammad Tahir Ch.



Dr. Sajjad Ahmad Malik



Dr. Sajid Qayyum



Dr. Muhammad Asim Shafiq



Dr. Ghulam Awais Qarni



Mr. Muhammad Sajjad

For Registration:

Rana Tanzeel Javed Asif Aslam

Cell:0321 7066716 Cell :03027290403

Day 4

Sunday 16th November 2025, Venue: PC Hotel, Lahore

08:50 am

Breakfast: 08.00 to 08:45 am

Recitation of Holy Quran

ENDOCRINOLOGY IN PRIMARY PRACTICE

Start	End	Topics
09:00am	09:30am	Common Endocrine Disorders: Focus on Thyroid
09:30am	10:00am	Hypothyroidism & Hyperthyroidism: When to Refer, When to Manage

10.00am 10.15am

Coffee Breaks**CARDIOVASCULAR UPDATES**

10:15am	10:45am	Hypertension: 2025 Guidelines for Diagnosis and Management
10:45am	11:15am	Ischemic Heart Disease: Role of Primary Care Physician
11:15am	11:45am	Preventive Cardiology: Tools for Early Detection

INTERNAL MEDICINE HIGHLIGHTS

11:45am	12:15pm	Chronic Kidney Disease (CKD): Screening & Early Interventions
12:15pm	12:45pm	Hepatic Infections: Hepatitis B & C – What's New?
12:45pm	01.15pm	Emerging Health Issues in Pakistan's Primary Care System

01.30pm to 02.30pm **Lunch****Concluding Remarks President PAFP Dr. Tariq Mahmood Mian****Stay Tuned!**

Final speaker list and registration portal will be announced soon.

REGISTRATION FEE FOR DELEGATES**Ultrasound
Workshop
(Optional)****Rs: 7000/-****Gynae / Obs
Workshop
(Optional)****Rs: 5000/-****Full Conference
Registration
Inclusive of Conf. Bag, 3 Lunch,
3 Breakfast, Inaugural Ceremony
and all paid Workshops****Rs: 15000/-****Registration for
International
Delegate****\$ 200/-****Registration
Medical & Allied
Student****Rs: 3500/-****Registration
Poster
Exhibition****Rs: 5000/-****Office Managers of PAFP (Regd.)**Rana Tanzeel Javed Asif Aslam
Cell:0321 7066716 Cell :03027290403**Dr. Sajjad Ahmad Malik**
Chairman Registrations
0300-4517342

Organizing Committee's



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Dr. Saeed Ahmad
Senior Vice President
0321 9482670



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Mr. Asif Aslam
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Conference Secretariate